

# **The Sunshine Coast Food Bank**

*Community in Action*

Most needed items for the Food Bank

- Peanut butter
- Spaghetti sauce
- Canned fish
- Tetra boxed juices
- Powdered milk
- Pasta
- Canned fruit
- Canned vegetables
- Canned beans
- Macaroni and cheese
- Rice
- Personal care products: soap, shampoo, toilet paper, toothpaste, feminine hygiene products

The Sunshine Coast Food Bank now has ample freezer and refrigerator space and welcomes fresh and frozen products. When making donations of perishable items, please call the Food Bank (604-885-5881 ext 240) to ensure someone will be on hand to receive them.