



St Hilda's By the Sea Anglican Church

Open Doors · Open Hearts · Open Minds

August 5, 2018 † 10:00 am Family Eucharist

11th Sunday after Pentecost



WHO IS WHO IN OUR WORSHIP THIS SUNDAY

Celebrant & Preacher: The Rev Clarence Li
Musician: Katherine Hume
Greeter/Usher: Morrie Sacks, Meg Stevens
Prayers: Stephanie Moul
Reader: Janet McIntosh
Lay Administrator: David Moul

Sacristan: Amelia Foster
Crucifer: Janet McIntosh
Coffee: Morrie & Sher Sacks
Altar Guild: Barbara Carver, Win Wright
Altar Flowers: Given by Linda Smith in loving memory of Clifford.

WELCOME TO OUR CHURCH

Whoever you are, and wherever you find yourself in your journey of faith, you will find a place at our table at St. Hilda's Anglican Church. Come as you are. There are many ways and there is no one particular way to be a part of this vibrant community. Join us today with an open mind, and be prepared to discover a home for your spirit that is inclusive, incarnational, and joyful.

WHO WE ARE

St. Hilda, situated on the unceded traditional territory of the shísháhl First Nation, is a member of the Anglican Church of Canada & the worldwide Anglican Communion. As a community, we welcome & celebrate human diversity - including spirituality, ethnicity, gender, sexual orientation, and abilities. We aim to create a space where people of any faith or none can question & discover the sacred in life through openness, struggle, laughter and prayer, lived out through a common commitment to be in solidarity with the poor & marginalized, and to cherish creation.

CHILDREN

During the school year, children are invited to gather for a Children's Commissioning at the beginning of the service and then head out to Sunday School. They return in time for Communion—the Lord's supper (grape juice is available for communing).

HOLY COMMUNION

ALL are welcome to come forward and receive communion, the divine life of Jesus which comes to us in gifts of bread and wine. Come as you are. Instructions for newcomers joining this meal for the first time are printed in the bulletin.

♿️ ♿️ ACCESSIBILITY

Parking for people with disabilities is available next to the Meditation Labyrinth. You are welcome to bring your walker or wheelchair into the hall. There are also large print bulletins available in the entry.

This Sunday's liturgy has been compiled from various sources, including:

- Collect from *Prayers for an Inclusive Church* by Steven Shakespeare © 2009
- Psalm text from *Songs for the Holy One* translated by Thomas Barnett © 2004 Thomas Barnett and Donald Patriquin
- Affirmation of Faith by St. John's-Grace Episcopal Church, May 2005
- Confession and Thanksgiving based on words by Chief Seattle, 1855, Prayer of Absolution adapted from Anglican Church of Melanesia.
- Prayer over the Gifts, Breaking of the Bread and Prayer after Communion from *The Book of Alternative Services* © 2004 General Synod of the Anglican Church of Canada. All rights reserved. Reproduced under license from ABC Publishing, Anglican Book Centre, a ministry of the General Synod of the Anglican Church of Canada, from Anglican Liturgical Library. Further copying is prohibited.
- Eucharistic Preface & Prayer from *Salal and Cedar Watershed Discipleship Community*, a ministry of the Diocese of New Westminster.
- Blessing adapted from The L'Arche Prayer, © L'Arche Internationale

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- *New Plainsong Mass: Sanctus & Agnus Dei* by David Hurd © 1981 GIA Publications, Inc.
- *Gather Us In* by Marty Haugen © 1982 GIA Publications, Inc.
- *One Bread, One Body* by © 1978 John B. Foley, SJ, and OCP Publications
- *Jesu, Jesu, Fill Us with Your Love* Text: Tom Colvin Tune: Ghana folk song adapt Tom Colvin © 1969. Arr. © 1989 Hope Publishing Co

✠ The Gathering of Community ✠

Prelude

Introduction & Welcome

Introit *All rise as able as the Sanctuary party processes in.*

Greeting

Celebrant In this time and place,
we gather on the ancestral territory of the shíshálh Nation.

PEOPLE **From many places and peoples,
we come to this house of prayer.**

Celebrant In this time and place,
we meet in the presence of the living God.

PEOPLE **The living God who created us and all that is.**

Celebrant In this time and place,
the risen Christ stands in our midst.

PEOPLE **The risen Christ who accompanies us and all people.**

Celebrant In this time and place,
God's Holy Spirit breathes in and through us.

PEOPLE **The Holy Spirit who transforms us and all life.**

Celebrant In this time and place,
together, one people of God.

PEOPLE **In the name of God,
Source of all being, Eternal Word and Holy Spirit. Amen.**

🎵 **Opening Hymn**..... *Gather Us In CP 465 (see p. 13)*

The Collect of the Day

Celebrant May God be with you.

ALL **And also with you.**

Celebrant God of Moses,

ALL **who rained down bread on Israel's wandering people:
lead us to the food that never leaves us craving,
but fills our whole humanity with life enough for all;
through Jesus Christ, the true bread of heaven. Amen.**

All are seated

✠ The Proclamation of the Word of God ✠

After each reading, there will be a short time of quiet meditation

The First Reading Exodus 16:2-4, 9-15Janet McIntosh

Reader Hear what the Spirit is saying to the church.

ALL **Thanks be to God.**

Psalm 78:23-29 *Verses spoken responsively left side /right side on bold*

So the Holy One gave orders to the clouds
and opened the doors of heaven,
rained manna on them, gave them heaven's grain.

**The people ate the bread of the Mighty Ones,
food which gave them full satisfaction.**

The Holy One let the east wind loose in the sky
and with great power drove the south wind,
rained meat on them like dust,

**and winged birds like sand on the shore,
making them fall inside their camp,
all round their homes.**

They ate with full satisfaction,
giving them what they craved.

**ALL: Glory to God, Source of all being,
Eternal Word and Holy Spirit;
As it was in the beginning is now
and shall be for ever. Amen.**

Second Reading: Ephesians 4:1-16 Janet McIntosh

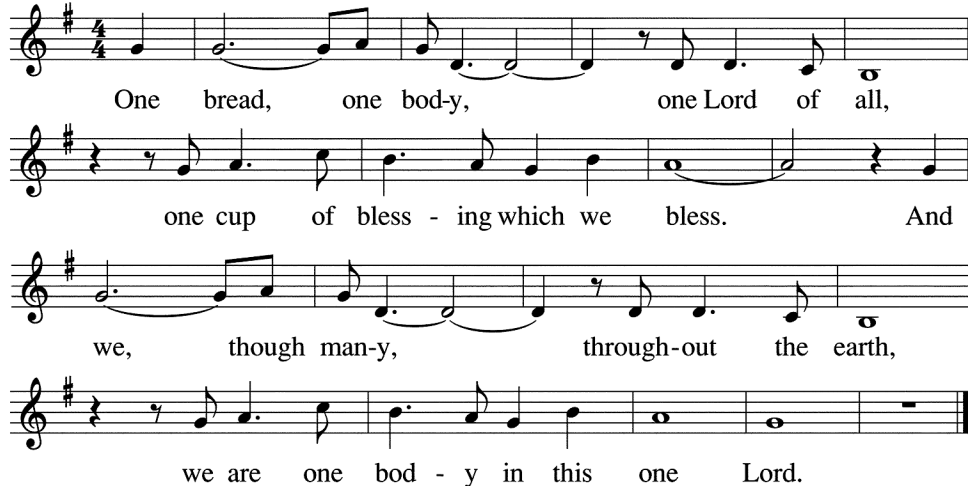
Reader Hear what the Spirit is saying to the church.

ALL Thanks be to God.

All rise as able.

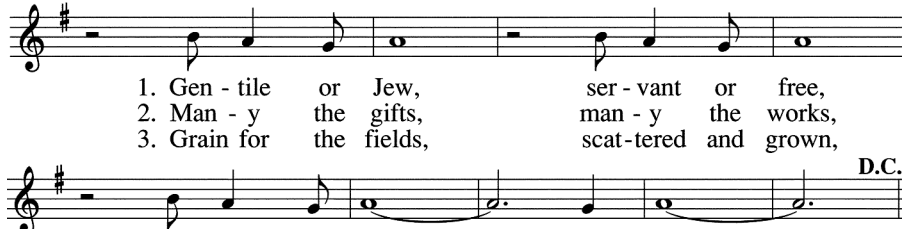
Gradual Hymn *One Bread, One Body CP17 (vs. 1 & 2)*

Refrain



One bread, one bod-y, one Lord of all,
one cup of bless - ing which we bless. And
we, though man-y, through-out the earth,
we are one bod - y in this one Lord.

Verses



1. Gen - tile or Jew, ser - vant or free,
 2. Man - y the gifts, man - y the works,
 3. Grain for the fields, scat - tered and grown,

wom - an or man no more.
 one in the Lord of all.
 gath - ered to one for all.

D.C.

All remain standing as able

The Gospel John 6:24-35

Celebrant May God be with you.

PEOPLE **And also with you.**


Celebrant The Holy Gospel of our Lord Jesus Christ according to John

PEOPLE **Glory to you, Lord Jesus Christ.**

After reading

Celebrant The Gospel of Christ.

PEOPLE **Praise to you, Lord Jesus Christ.**

 **Gradual Hymn** *One Bread, One Body* CP17 (vs. 3)
All are seated.

Sermon The Rev Clarence Li

After the sermon, remain seated for a short quiet meditation.

Affirmation of Faith - A Pilgrim's Creed

We are a community of faith.

We share a vision of God:

**a God whose spirit is love,
accessible to all yet beyond our knowing,
the source of all being,
the way leading to wholeness,
the spirit which pervades everything.**

We are reborn in the Spirit,

followers of that way shown by Jesus:

**to love God with our whole being;
to love our neighbors as ourselves;
to treat others as we would have them treat us;
to strive for justice and peace;
to have respect and compassion for every person
and for the whole of creation;
to forgive those who do us harm;
to love one another as Christ has loved us.**

cont'd over → 5

**We journey together on this way
towards reconciliation with the whole creation.
We break bread together and pray together.
We reach out to one another for strength beyond our own.
This is our community. This is our faith.**

The Prayers of the People

Please stand, sit or kneel according to your praying custom. Names upheld in the prayers can be found on the Parish Prayer List on back page. You are also welcome to name your loved one(s) aloud or silently in your heart.

Confession and Absolution

Celebrant Creator God, we confess that we do not always remember you.

ALL We forget that all we have and are comes from you.

**We forget that the earth is our mother
– we are made from the earth.**

Whatever befalls the earth, befalls the children of the earth.

We are a part of the earth, and the earth is part of us.

We forget that the rivers are our brothers.

We forget that the perfumed flowers are our sisters.

**We forget that the air is precious,
for all of us share the same breath.**

The wind gives our children the spirit of life.

**We forget that the earth does not belong to us;
we belong to the earth.**

**We forget that all things are connected,
like the blood that unites one family.**

**We forget that you are the same God
whose compassion is equal for all.**

**We forget that we did not weave the web of life;
that we are merely a strand in it.**

**Forgive us, O Creator, and help us to remember
that whatever we do to the web, we do to ourselves.**

Forgive us, and accept our thanks for your gift of life.

Celebrant May your gracious Creator forgive you,
heal your brokenness and forgetfulness,
give you time to mend your lives,
by the grace and help of the Holy Spirit. **Amen.**

The Peace *Please rise as able as we share the peace of the Lord.*

Celebrant The peace of the Lord be with you all.

PEOPLE And also with you.

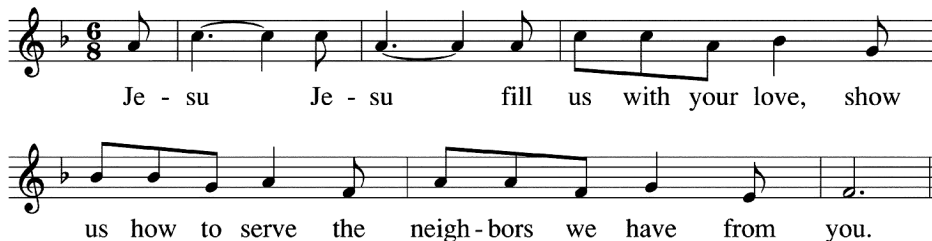
✠ The Holy Communion ✠

The Offertory

During the hymn, the bread and wine are presented alongside with the offering of money, given on the plate or through the Pre-Authorized Donation Program (PAD), to symbolize the offering of ourselves and of the whole creation to God in thanksgiving for the many blessings we experience.

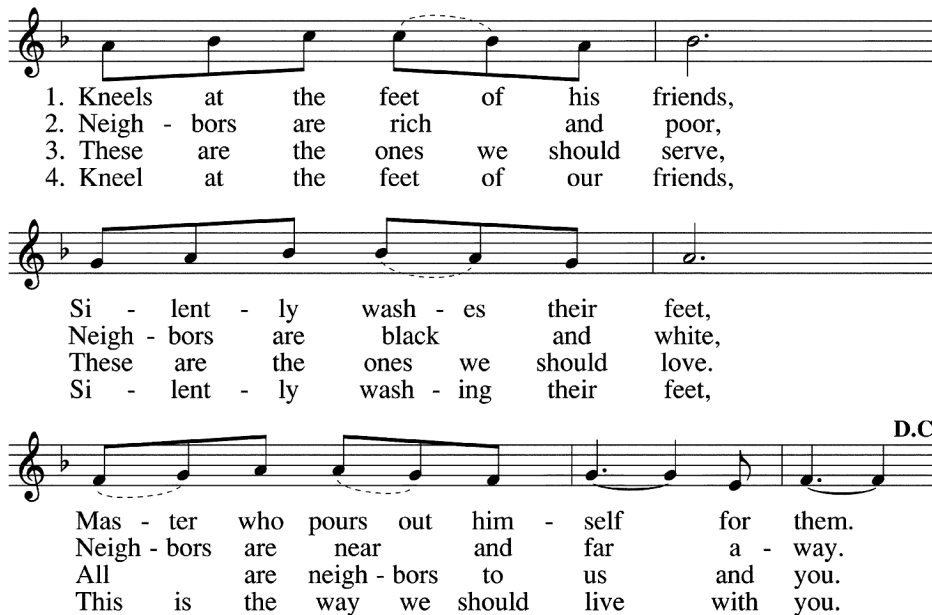
♪ Offertory Hymn Jesu, Jesu, Fill Us with Your Love (CP 504)

Refrain



Je - su Je - su fill us with your love, show
us how to serve the neigh - bors we have from you.

Verses



1. Kneels at the feet of his friends,
2. Neigh - bors are rich and poor,
3. These are the ones we should serve,
4. Kneel at the feet of our friends,
Si - lent - ly wash - es their feet,
Neigh - bors are black and white,
These are the ones we should love.
Si - lent - ly wash - ing their feet,
Mas - ter who pours out him - self for them.
Neigh - bors are near and far a - way.
All are neigh - bors to us and you.
This is the way we should live with you.

Prayer over the Gifts

Celebrant God our sustainer,

ALL accept all we offer you this day,
and feed us continually with that bread
which satisfies all hunger,
your Son our Saviour Jesus Christ. Amen.

Eucharistic Prayer

Eucharist means "thanksgiving." This is a ritual meal to re-enact the Last Supper that Jesus shared with his friends to remind them of his sacrificial love for humanity and the whole creation. All stand as able.



Celebrant: The Spirit of God be with you. All: And al - so with you.



Celebrant: Lift your hearts to heaven All: where Christ in glo-ry reigns.



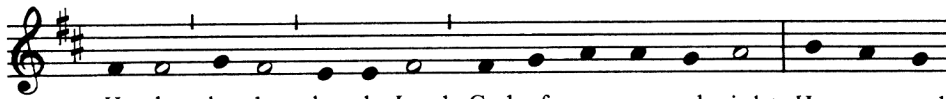
Celebrant:

Let us give thanks to God All: It is right to of-fer thanks & praise.

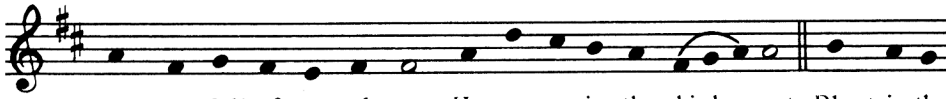
Celebrant It is right in all times and in all places to thank and praise you
Creator of all.

...Together with angels and ancestors, orca and salmon, bear
and raven, salal and cedar, we join our voices with all creation
in this ancient honour song:

Sanctus



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might. Heav - en and



earth are full of your glo - ry. Ho - san - na in the high - est. Blest is the



one who comes in the name of the Lord. Ho - san - na in the high - est.

Celebrant We give thanks to you for Jesus, whose first bed was a feed
trough...

....All honour and glory are yours, Creator, Christ and Spirit,
now and forever.

PEOPLE Amen.

The Lord's Prayer

Celebrant Let us pray as Jesus taught us:

**ALL Our Father in heaven,
hallowed be your name.**

Your kingdom come.
Your will be done on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen.

The Breaking of the Bread

Celebrant We break this bread
to share in the body of Christ.

PEOPLE We, being many, are one body,
for we share in the one bread.

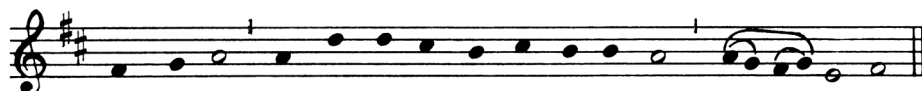
Agnus Dei (Lamb of God)



Lamb of God, you take a-way the sins of the world: have mer-cy on us.



Lamb of God, you take a-way the sins of the world: have mer-cy on us.



Lamb of God, you take a-way the sins of the world: grant__ us peace.

The Invitation

Receiving Communion

If you know the brokenness of life, its fractures within and its division without, then you have participated in the broken body of Christ and you are invited to share in the breaking of bread. If you desire to know the love of God that overcomes indifference and despair, if you desire the reconciliation that overcomes estrangement and alienation, then you are invited to share the cup of the new covenant.

The bread is received in the open palm. It is usual Anglican practice to drink the wine from the common cup. Wine and unfermented grape juice are served. If you would prefer to receive a gluten-free wafer or grape juice, please inform the person administering the bread or wine when they approach you. If you would prefer to receive a blessing instead of Communion, you are welcome to come forward and place your hands across your chest.

Communion Hymn Just As I Am vs. 1,2,5 (see p. 10)



1. Just as I am, with - out one plea,
 2. Just as I am, and wait - ing not
 5. Just as I am— thou wilt re - ceive,

But that thy blood was shed for me,
 To rid my soul of one deep blot,
 Wilt wel - come, par - don, cleanse, re - lieve,

And that thou bidd'st me come to thee,
 To thee whose blood can cleanse each spot,
 Be - cause thy prom - ise I be - lieve,

O Lamb of God, I come! I come!

Prayer After Communion

Celebrant God of grace,

**ALL we have shared in the mystery
 of the body and blood of Christ.**

**May we who have tasted the bread of life
 live with you for ever.**

We ask this in the name of Jesus Christ our Lord. Amen.

Family Thanksgiving & Announcements

All are invited to share any birthdays, anniversaries or other celebrations. Our parish tradition is to say the following prayer by sharing eye-contact with those around us.

All stand as able.

Celebrant Glory to God,

**PEOPLE Whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever. Amen.**

Blessing

Celebrant Holy God, we ask you to bless us.

ALL Gracious God, keep us in your love.

Celebrant May St. Hilda's be a true home

ALL where the poor in Spirit may find life.

Celebrant Give us hearts that are open,

ALL hearts that are humble and gentle.

Celebrant Through the hands of your little ones,


ALL we ask you to bless us.

Celebrant Through the eyes of those who are rejected,

ALL we ask you to smile on us.

Celebrant And the blessing of God,
Life-Giver, Pain-Bearer, and Love-Maker,
be among you and remain with you always.

ALL Amen.

 **Recessional Hymn**.....*Guide Me, O Thou Great Jehovah* (see p. 12)

Dismissal

ALL Thanks be to God. Alleluia!

Postlude

Please remain seated during Postlude to allow for altar clean-up & coffee set-up.

Week At-a-Glance at St. Hilda's			
Sun	05	8:30 am 10:00 am	Traditional Eucharist Contemporary Family Eucharist Parish Hall Parish Hall
Mon	06		CIVIC HOLIDAY Church closed
Tues	07	2:15 pm	Communion Service Shorncliffe Lodge
Wed	08	8:00 am 2:00 pm	Wisdom Circle Prayer Shawl Ministry Annex McElroy Home
Sat	11	11:30 am	Worship Set-up Parish Hall
Sun	12	8:30 am 10:00 am	Traditional Eucharist Contemporary Family Eucharist Parish Hall Parish Hall

Recessional Hymn: Guide Me, O Thou Great Jehovah

1 Guide me, O thou great Je - ho - vah, pil - grim through this bar - ren land;
 2 O - pen now the crys - tal foun - tain, whence the heal - ing stream doth flow;
 3 When I tread the verge of Jor - dan, bid my anx - ious fears sub - side;

I am weak, but thou art might - y—hold me with thy power - ful hand:
 let the fire and cloud - y pil - lar lead me all my jour - ney through:
 bear me through the swell - ing cur - rent, land me safe on Ca - naan's side:

Bread of heav - en, Bread of heav - en, feed me till I want no
 Strong De - liv - erer, strong De - liv - erer, be thou still my strength and
 Songs of prais - es, songs of prais - es I will ev - er give to

more, (want no more,) feed me till I want no more.
 shield, (strength and shield,) be thou still my strength and shield.
 thee, (give to thee,) I will ev - er give to thee.

WORDS: William Williams (1717-1791); tr. Peter Williams (1722-1796) and others
 MUSIC: John Hughes (1873-1932)

CWM RHONDDA
 8.7.8.7.8.7.7.

Opening Hymn: Gather Us In



1. Here in this place new light is stream-ing,
 2. We are the young— our lives are a mys - t'ry,
 3. Here we will take the wine and the wa - ter,
 4. Not in the dark of build - ings con - fin - ing,



Now is the dark - ness van - ished a - way,
 We are the old— who yearn for your face,
 Here we will take the bread of new birth,
 Not in some heav - en, light - years a - way, But



See in this space our fears and our dream - ings,
 We have been sung through - out all of his - t'ry,
 Here you shall call your sons and your daugh - ters,
 here in this place the new light is shin - ing,



Brought here to you in the light of this day.
 Called to be light to the whole hu - man race.
 Call us a - new to be salt for the earth.
 Now is the King - dom, now is the day.



Gath - er us in— the lost and for - sak - en,
 Gath - er us in— the rich and the haugh - ty,
 Give us to drink the wine of com - pas - sion,
 Gath - er us in and hold us for ev - er,



Gath - er us in— the blind and the lame;
 Gath - er us in— the proud and the strong;
 Give us to eat the bread that is you;
 Gath - er us in and make us your own;



Call to us now, and we shall a - wak - en,
 Give us a heart so meek and so low - ly,
 Nour - ish us well, and teach us to fash - ion
 Gath - er us in— all peo - ples to - geth - er,



We shall a - rise at the sound of our name.
 Give us the cour - age to en - ter the song.
 Lives that are ho - ly and hearts that are true.
 Fire of love in our flesh and our bone.

Return to p. 3
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Parish Events and Notices

Coins for Construction: Once again, please keep aside your spare change, and turn it in on the September 9, using one of the “Coins for Construction” Envelopes. In each envelope there is a note asking for your envelope number -- with that we can ensure you are credited for the donation for tax purpose. Pick up your neat envelope in the box in the breezeway. Thank you!

Update on Kyiathani Scholarship from Terry & Jan Umbach: This year our Kyaihani Scholarship Fund provided (64) sixty four - \$150 Secondary School scholarships and 3 (three) - \$600 vocational training bursaries. The total cost of the scholarships for this year was \$11,400. This has grown significantly from the 9 scholarships that were provided in 2011!

Summer Schedule: Gospel of Thomas and Inner Journey are not meeting during the summer months and will resume in September. Spirited Drumming will meet in August.

ACW Thanksgiving Pie Sale on Saturday October 6: We are asking for donations of Apples and Fruit and for Pie Bakers. Fruits can be left in the church freezer. Our goal is 180-200 pies. On August 26 you can sign-up for pie plates, Crisco and other pie supplies. For more info please call: Amelia Foster 604-782-1351

WIDER CHURCH EVENTS

Summer Choral Singing at St. John's: Wednesdays from 11:00 am -12:00. This summer we are exploring the African American Hymnal, plus singing favourites from the regular hymn books. No performances - just singing for fun. We usually sing through the music in unison then go back and sing in parts. It is open to anyone and everyone!

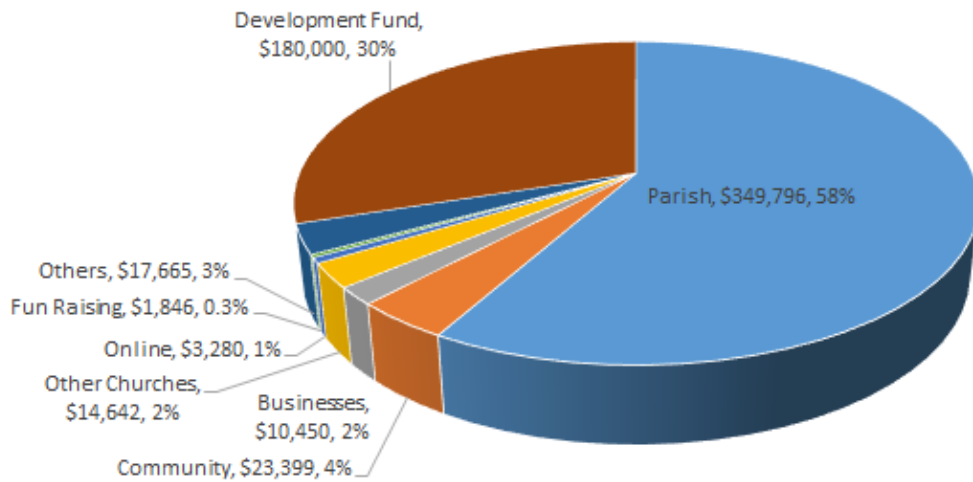
Anglican Spiritual Formation Weekend Retreat: October 12-14 at YMCA Camp Elphinstone. Brochures with full information are in the breezeway. On-line Registration is open until September 25 <https://tinyurl.com/formation-oct>

The Way of Union: The Metaphysics of Early Christian and Sufi Mysticism
A Retreat with Rev Matthew Wright October 11 - 15 2018 at Cowichan Lake
Topics: heart-centered wisdom with us, teaching on the Gospels of Thomas, Mary Magdalene and Philip, as well as the writings of Sufi Masters from Ibn al-Arabi to Jalaluddin Rumi, using meditation, chanting, and embodiment practices to deepen our learning. Visit www.contemplative.org for more information and to register.

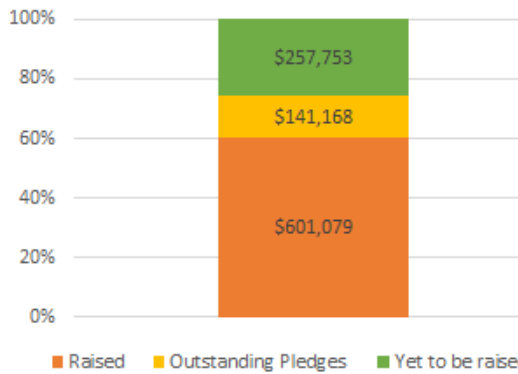
COMMUNITY EVENTS

Weaving Reconciliation Launch: The Fabric of Our Lives: Wednesday August 8 from 7-8 pm at Sechelt Public Library. This is part of the syiyaya Reconciliation Movement. This one year project is designed to rise awareness and cultivate dialogue about reconciliation in our community and provide members of the public to participate in the weaving of friendship blankets. Please see poster in breezeway for more information about artist and event.

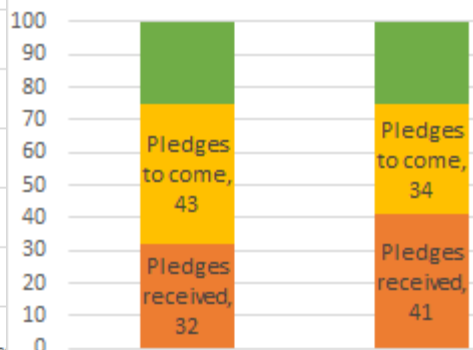
Campaign Total (July 31) \$601,078



Campaign Progress July 31 (Goal of \$1 million)



Pledge Drive Target: 75 out of 100 households



Readings for August 12, 12th Sunday after Pentecost

1st Reading: 2 Samuel 18:5-9, 15, 31-33 Reader: Linda Smith
 2nd Reading: Ephesians 4:25—5:2 Reader: Linda Smith
 Psalm 130 Gospel: John 6:35, 41-51

St. Hilda's By the Sea Anglican Church

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 DeaconThe Ven Bruce Morris 885-4797
 Office AdministratorKaren Weatherington 885-5019
 Music Director.....Katherine Hume.....khpiano@telus.net 885-2069
 Rector's WardenMeg Stevens megstevens@outlook.com 741-4036
 People's Warden.....Carol Eades 886-9646
 Associate WardenMike Starr 961-9256
 Treasurer.....Bob Maxfield..... 351-2972
 Envelope SecretaryMaggie Scott 885-3312

Visit us at www.sthilda.ca or  facebook.com/sthilda

PARISH PRAYER FOR THE WEEK	
St. Hilda's Restoration	Andrew Wood, Site Superintendent, & workers, subcontractors working on site
Anglican Communion	The Scottish Episcopal Church: The Most Revd Mark Strange Primus of the Scottish Episcopal Church & Bishop of Moray, Ross & Caithness
Diocese & Partners	St. Oswald, Port Kells – The Rev Gordon Shields St. Laurence, Coquitlam – The Rev Eric Mason, The Rev Wally Shea <hr style="width: 20%; margin: 5px auto;"/> Holy Trinity Mission in Bantey (twinned with St. Hilda's) Companion Diocese: Bishop Brent Alawas, & the Clergy & People of the Episcopal Diocese of Northern Philippines BC Synod of the ELCIC, Bishop Gregory Mohr
Local Agencies	School District #46 - students, staff, faculty
Parish Ministries	Library and Librarians
Justice Umbrella	Kenya: Kyaithani & Lower Yatta Secondary Schools
Prayer Requests	Andrew Brien: suitable employment Connie: healing from cancer Roberta Foxall: good recovery from eye surgery Mark: awaiting hip replacement & job search Allegra Montgomery: healing of broken arm Claire Nelson: undergoing chemo Robert (Annie Webb's brother): healing from cancer Sheila: for healing Kira Sparrow: healing and strengthening Avery Togyi: undergoing chemo
Ongoing Need	Rev. Gordon Dominey, Wayne Greggain, Bob & Jane Hammersma, Rev. Ian Nestegaard Paul, Jeannette Shouls, Chris Sooley