



# St Hilda's By the Sea Anglican Church

Open Doors · Open Hearts · Open Minds

March 13, 2016 † 10:00 am Family Eucharist



## FIFTH SUNDAY IN LENT A Contemplative Eucharist

### Some helpful entry points to a Contemplative Service:

- Suspend your need to *figure out* what is happening.
- Invite yourself to simply *be in the presence of the Loving God*.
- Allow yourself to remember how to *wonder the mystery of God's love*.

You may be *seated throughout the chants*. The only times you are invited to pray with your body by standing are during the Processional Hymn, the exchange of the Peace, the Prayers of the People, and when you come up to receive Holy Communion.

**About Chanting:** the goal is to *lose ourselves* as our voices blend in with each other in harmony. Chanting is a way to experience unity in its diversity.

### WHO IS WHO IN OUR WORSHIP THIS SUNDAY

**Celebrant & Preacher:** The Rev. Clarence Li

**Music:** Karen Weatherington, Jon Eriksson & St. Hilda's Choir

**Readers:** Corrinne Newman, Donna Walsh Wheeldon

**Prayers:** Taras Pakholchuk

**Lay Assistant:** Linda Smith

**Sacristan:** Carol Eades

**Crucifer:** Margaret Dickie

**Greeters/Usher:** Meg Stevens, Kathy Archibald

**Coffee:** Beth Lamb, Valerie Ruhe

**Altar Guild:** Barbara Carver, Donna Walsh Wheeldon

## ✧ The Gathering of Community ✧

Prelude

### Welcome & Introduction to the Service

*All stand as able at the sound of the singing bowl.*

### Processional Hymn ..... A Prophet-Woman Broke a Jar

A prophet-woman broke a jar by Love's divine appointing.  
With rare perfume she filled the room, presiding and anointing.  
A prophet-woman broke a jar, the sneers of scorn defying.  
With rare perfume she filled the room, preparing Christ for dying.

A faithful woman left a tomb by Love's divine commission.  
She saw, she heard, she preached the word, arising from submission.  
A faithful woman left a tomb with resurrection gospel.  
She saw, she heard, she preached the word, apostle to apostles.

Though woman-wisdom, woman-truth for centuries were hidden,  
unsung, unwritten, and unheard, derided and forbidden,  
the Spirit's breath, the Spirit's fire, on free and slave, descending,  
can tumble our dividing walls, our shame and sadness mending.

The Spirit knows, the Spirit calls, by Love's divine ordaining,  
the friends we need, to serve and lead, their pow'rs and gifts unchaining.  
The Spirit knows, the Spirit calls from women, men, and children  
the friends we need, to serve and lead. Rejoice and make them welcome!

### Greeting

*Celebrant* Place me as a seal upon your heart,

**PEOPLE** for love is as strong as death.

*Celebrant* May those who sow in tears reap with shouts of joy.

**PEOPLE** Those who go out weeping, bearing the seed for sowing,  
shall come home with shouts of joy, carrying their sheaves.

*All are seated*

### Children's Time

*Children are invited to come forward. After the reflection, all rise as able. People on the aisle are invited to form an arch for children to come through as they head out for Sunday School as we sing:*



Beau-ty for bro-ken-ness, hope for des-pair, Lord, in Your  
suf-fer-ing this is our prayer. Bread for the chil-dren, jus-tice, joy,  
peace, sun-rise to sun-set Your king-dom in-crease. God of the poor, .  
— friend of the— weak, give us com-pas-sion we pray,



## The Collect of the Day

*Celebrant* May God be with you.

**PEOPLE** And also with you.

*Celebrant* Extravagant God,

**ALL** lavishing your love on our poverty of heart:

inspire us to give with generosity,

to love life so that we may find it again,

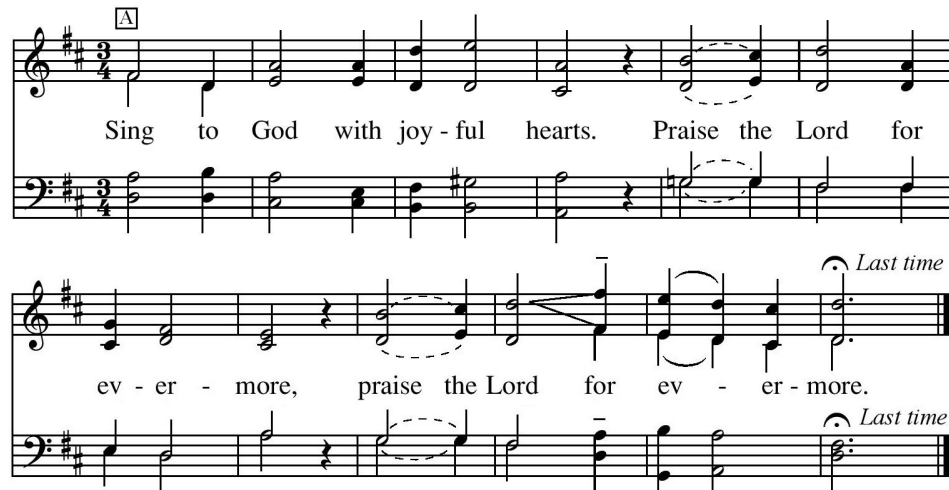
and thus the world will be filled

with the fragrance of your love;

through Jesus Christ, who offers himself for us. Amen.

*All are seated*

**Psalm 126: Sing to God** Refrain sung by all. Verses read by all.



*Refrain sung twice at beginning.*

1. When the Holy One restored the fortunes of Zion,  
then were we like those who dream.
2. Then was our mouth filled with laughter, and our tongue with shouts of joy.  
Then they said among the nations, "The Lord has done great things for them." *Refrain*
3. The Lord has done great things for us,  
and we are glad indeed.
4. Restore our fortunes, O Lord,  
like the watercourses of the Negeb. *Refrain*
5. Those who sowed with tears  
will reap with songs of joy.
6. Those who go out weeping, carrying the seed,  
will come again with joy, shouldering their sheaves. *Refrain repeated 4 times.*

**Prayer: YOU BREATHE IN US**

## Chant: Come and Fill

English: Come and fill our hearts with your peace. You a-lone, O Lord, are ho-ly.

Come and fill our hearts with your peace, al-le-lu-ia!

## Prayer: YOU GO DOWN TO THE LOWEST DEPTHS

## Chant: Bind My Head and My Heart

Descant (save for 2nd or 3rd time)

Melody (ALL)

Bind my head and my heart in You, all in

5

one, all in one, all in one

## Lectio Divina: John 12:1-8

The Congregation is invited to explore together its responses to the reading that has been shared in Lectio Divina style (read 3 times, 3 different voices). A question will be asked after each reading and you are invited to ponder your response in a brief time of silence, marked by the sound of the singing bowl.

Six days before the Passover Jesus came to Bethany, the home of Lazarus, whom he had raised from the dead. There they gave a dinner for him. Martha served, and Lazarus was one of those at the table with him.

Mary took a pound of costly perfume made of pure nard, anointed Jesus' feet, and wiped them with her hair. The house was filled with the fragrance of the perfume.

But Judas Iscariot, one of his disciples (the one who was about to betray him), said, "Why was this perfume not sold for three hundred denarii and the money given to the poor?" (He said this not because he cared about the poor, but because he was a

thief; he kept the common purse and used to steal what was put into it.)

Jesus said, "Leave her alone. She bought it so that she might keep it for the day of my burial. You always have the poor with you, but you do not always have me."

*After 1st reading:* "I wonder what word or image speaks to you,... nudges you,... holds you,... reaches out to you, from the reading."

*After 2nd reading:* "I wonder where you are in this story, or what part of the story is about you."

*After 3rd reading:* "I wonder what God's Spirit is saying to us today."

**Silence** (5 minutes)

**Wonder Sermon:** Facilitated by The Rev. Clarence Li

*You are invited to share what you are wondering.*

*You are encouraged to begin your sharing with the words "I wonder..."*

*At the end of our wondering, we sing the chant.*

### **Chant: Jesus, Your Light**



Je - sus, your light is shin - ing with - in us.

Let not my doubts nor my dark - ness speak to me.

Je - sus, your light is shin - ing with - in us.

Let my heart al - ways wel - come your love.

### **Prayers of the People**

*Please stand, sit or kneel according to your praying custom. Names upheld in the prayers can be found on the Parish List on the back page. You are also welcome to name your loved one(s) aloud or silently in your heart.*

**Leader:** Holy One, **Response:** Inspire us to live in your grace.

## The Peace

*Celebrant* The peace of the Lord be always with you.

**PEOPLE** And also with you.

*All are invited to exchange peace while singing the following chant:*

### Chant: My Peace



Peace to know, peace to live; peace to  
show, and a peace to give. It's a peace to  
share, and a peace that cares; my peace I  
give un - to you, my peace.

## ✠ The Holy Communion ✠

### Offertory

*All remain seated as the collection is taken.*

*The bread and wine for the Lord's Supper are presented alongside with the offering of money to symbolize the offering of ourselves and of the whole creation to God in thanksgiving for the many blessings we have experienced.*

### Prayer over the Gifts

*Celebrant* God our provider,

**ALL** You have not fed us with bread alone, but with words of grace and life.

**Bless us and these your gifts, which we receive from your bounty,  
through Jesus Christ our Lord. Amen.**

### Eucharistic Preface

*"Eucharist" means "thanksgiving". This is a ritual meal to re-enact the Last Supper that Jesus shared with his friends to remind them of his sacrificial love for humanity and the whole creation. All stand as able.*

### The Prayer of Great Thanksgiving

*Celebrant* The Lord is here.

**PEOPLE** God's Spirit is with us.

*Celebrant* Lift up your hearts.

**PEOPLE** We lift them to the Lord.

*Celebrant* Let us give thanks to the Lord our God.

**PEOPLE** It is right to offer thanks and praise.

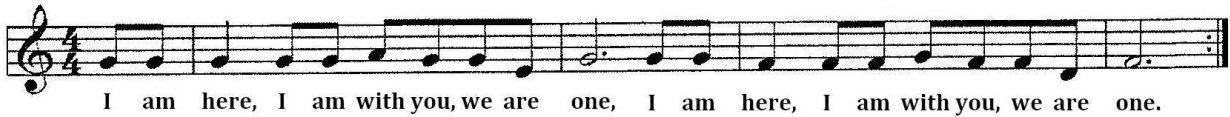
*Celebrant* Jesus said, "What are you looking for?"

*chants* The kingdom of God is within you and outside you.  
This is my very body, this is my blood."





**PEOPLE** *repeat freely*



I am here, I am with you, we are one, I am here, I am with you, we are one.

**Celebrant** It is indeed right to offer you thanks and praise, O God.  
Throughout the history of the world,  
and throughout the history of our lives,  
you have offered promises, signs and mighty acts of saving love.  
In the silence of our hearts, we recall them.

*Silence*

Our hearts filled with thanksgiving,  
we raise our voices as one to proclaim your glory:



**Sanctus**

*sung twice*



Ho - ly, ho - ly, ho - ly, my heart, my heart a - does you! My



heart is glad to say the words: you are ho - ly Lord.

**Celebrant** Loving God, we remember  
that Jesus spent the last night before his death with his followers.  
He took bread, gave you thanks, and said:  
“Take, eat: this is my body which is given for you.  
Whenever you do this, remember me.”  
After supper, he took the cup of wine,  
and when he had given thanks, he gave it to us saying:  
“Drink this, all of you: for this is the blood of the new covenant,  
shed for you and for all, so that all may be one.  
Whenever you do it, remember me.”

*Silence*

Of your grace, O God,  
send your Holy Spirit upon these gifts, and upon us your children.  
May they be for us the body and blood of Christ.  
All glory and honour are yours, eternal and living Trinity,  
now and for ever.

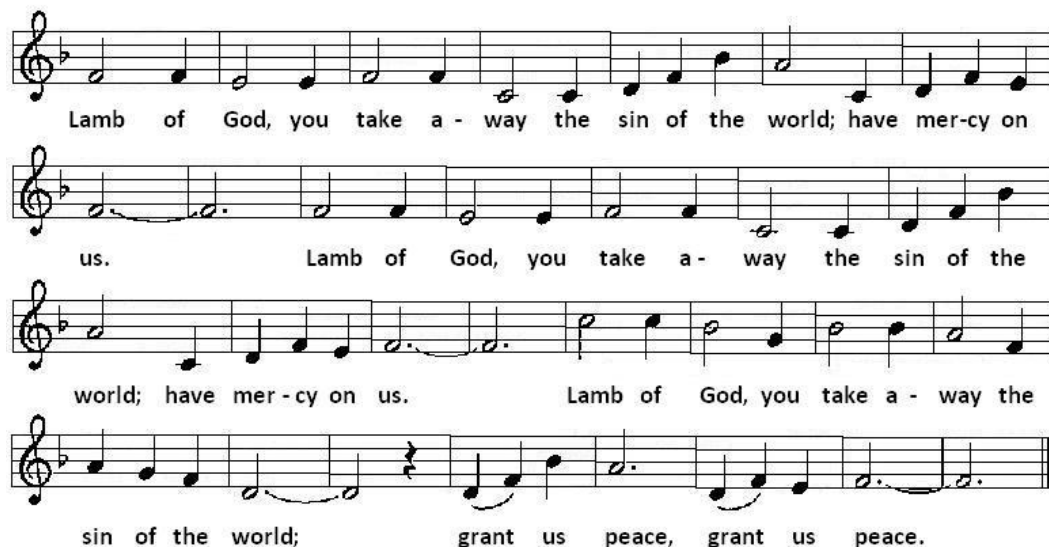
**ALL Amen.**

### **The Lord's Prayer**

**Celebrant** Joining our prayers into one, let us pray as our Saviour taught us saying:

**Our Father in heaven,**  
**hallowed be your name.**  
**Your kingdom come.**  
**Your will be done on earth as in heaven.**  
**Give us today our daily bread.**  
**Forgive us our sins**  
**as we forgive those who sin against us.**  
**Save us from the time of trial**  
**and deliver us from evil.**  
**For the kingdom, the power, and the glory are yours**  
**now and for ever. Amen.**

## Agnus Dei (Lamb of God)



### The Invitation & Receiving Communion

*If you know the brokenness of life, its fractures within and its division without, then you have participated in the broken body of Christ and you are invited to share in the breaking of bread.*

*If you desire to know the love of God that overcomes indifference and despair, if you desire the reconciliation that overcomes estrangement and alienation, then you are invited to share the cup of the new covenant.*

*The bread is received in the open palm. It is usual Anglican practice to drink the wine from the common cup.*

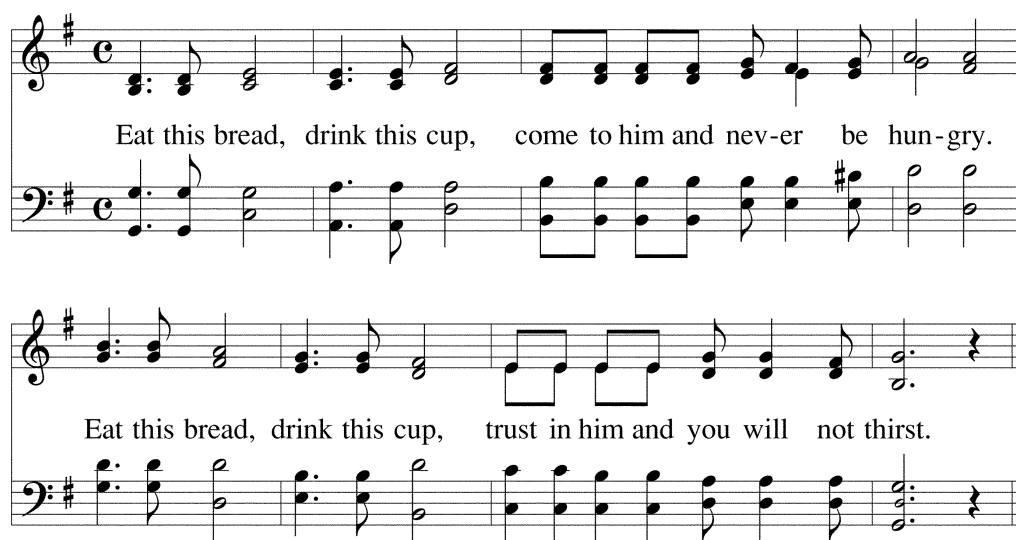
*Wine and unfermented grape juice are served. If you would prefer to receive a gluten-free wafer or grape juice, please inform the person administering the bread or wine when they approach you. If you would prefer to receive a blessing instead of Communion, you are welcome to come forward and place your hands across your chest.*

### Prayer and Laying-on of Hands for Healing

*We invite those who desire healing for themselves or on behalf of someone else, to come to the front of the line to receive the bread and wine. Immediately after receiving Communion, proceed to the prayer station in the Narthex (at the entrance to the sanctuary). Give your first name and briefly state your prayer need. A member of the Clergy will offer you the Laying on of Hands and Anointing.*

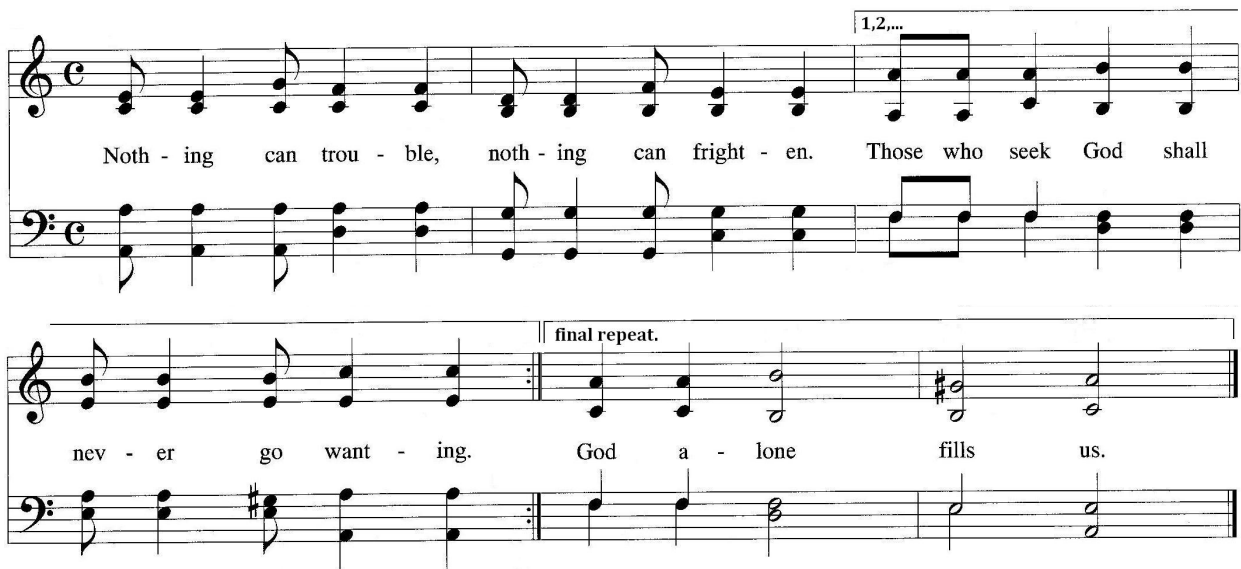
### Chants During Communion

#### Eat this Bread





## Nothing Can Trouble



1,2,...

Noth - ing can trou - ble, noth - ing can fright - en. Those who seek God shall

nev - er go want - ing. God a - lone fills us.

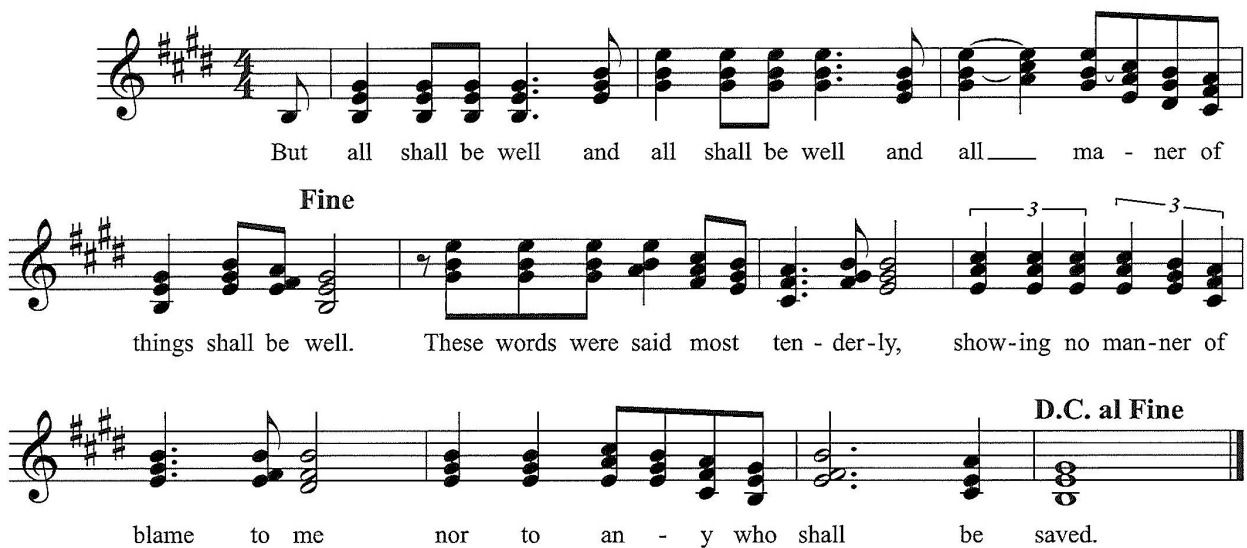
final repeat.

## Prayer After Communion

*Celebrant* Compassionate God,

**ALL** you have fed us with the bread of heaven.  
 Sustain us in our Lenten pilgrimage;  
 may our fasting be hunger for justice;  
 our alms, a making of peace;  
 and our prayer, the song of grateful hearts;  
 through Jesus Christ, our Saviour and Lord. Amen.

## Closing Chant: All Shall Be Well



But all shall be well and all shall be well and all ma - ner of

Fine

things shall be well. These words were said most ten - der-ly, show-ing no man-ner of

D.C. al Fine

blame to me nor to an - y who shall be saved.

## Please depart in SILENCE.

*The Celebrant will greet everyone in the Parish hall at the Coffee Hour.*

## Lent, Holy Week & Easter at St. Hilda's

with St. Bartholomew's Anglican  
Living Faith Lutheran  
& St. John's United



### LENTEN EDUCATION AND FORMATION OPPORTUNITIES

#### Faith & Environment Study Group, Gathering Rm, 3 – 4:30 pm

March 21 Monday    *"The Paschal Mystery as a window to look at ecological re-creation"*

### LENTEN CONCERT Saturday March 19

**7:00 pm** Join organist David Poon as we prepare for Passiontide and Holy Week with music to feed your soul. Admission by donation.

### PALM SUNDAY, March 20

**8:30 am** Traditional Eucharist with Liturgy of the Palms

**10:00 am** Procession with Palms and Choral Eucharist

### MONDAY IN HOLY WEEK, March 21

**7:00 pm** Vesper and Anointing Ceremony at St. Hilda's

### WEDNESDAY IN HOLY WEEK, March 23

**5:30 – 8:30 pm** – Seder Supper

*Join us in this Jewish sensual ritual meal that celebrates our freedom from slavery of all kinds, particularly economic exploitation and political oppression.*

*Spaced is limited, please sign up by Monday March 14*

### MAUNDY THURSDAY, March 24

**6:00 pm** Ecumenical Maundy Thursday Liturgy and Supper at  
Living Faith Lutheran Church (4607 Whitaker Rd)

### GOOD FRIDAY, March 25

**11:00 am** Ecumenical Good Friday Liturgy at St. Hilda's

### EASTER SUNDAY, March 27

**7:00 am** Ecumenical Sunrise Service at Mission Point Park in Davis Bay, breakfast after at St. John's United (5085 Davis Bay Rd)

**10:00 am** Choral Family Eucharist & Easter Egg Hunt at St. Hilda's

This Sunday's liturgy has been compiled from various sources, including:

- Collect from *Prayers for an Inclusive Church* by © 2009 Stephen Shakespeare
- Prayer Over the Gifts and Prayer after Communion from *Evangelical Lutheran Worship*, 2006.
- *I Am Here* by Lynn Bauman from *Holy Week Liturgies* from The Episcopal House of Prayer 2010.
- *Bind My Head and My Heart* by David Kelly from CD recording *Songs of Presence 2*, PRAXIS.
- *My Peace* by Keith Duke from *The Complete Book of Prayer Chants*
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## Parish Events and Notices

**Music for Lent:** Saturday March 19 at 7:00 pm  
Reflective organ music – beautiful poetry set to traditional hymn tunes – evocative improvisations on centuries-old melodies: Join organist David Poon as we prepare for Passiontide and the last days of Lent with music to feed your soul. Admission by donation. Sponsored by MOTET.ca.

**ACW Spring Bake Sale:** This annual event will be on Friday March 18th from 9:00 am to noon at Trail Bay Mall. Come early for best selection.

**Bakers Needed** for the ACW Spring Bake Sale March 18 in Clayton's mall. This sale is a large part of our mission outreach. We appreciate your support. Questions or info contact Beth Lamb at 604-740-4820 or bplamb@yahoo.ca

**Flowers for Easter Sunday March 27:** We are asking for white **Easter lilies** for the altar area. If you wish to bring one, please bring it to the church on Saturday March 26 - the altar guild will be there from 10-11am. If this time is not convenient for you, you may place your lily on the floor in front of the altar. You may take your lily home with you after the service. Also, **small flowers are needed for the Easter Cross** on Saturday March 26 or early Sunday morning.

**Calling for Outdoor Plants** On May 7th, the ACW will be having a plant sale. Please think about potting up cuttings and roots of outdoor plants that can be used for this sale. The time to start this is now.

**Whale of a Sale:** This garage sale will be held on Saturday May 7 (with the Plant Sale) so ACW is asking you to start collecting items that could be donated to this event. Please no electronics, baby furniture, or clothing. If you have books, please check with Corrinne Newman to see if they are suitable.

**Looking for Helping Hands/Handyman?** A few of our guests at the Cold Weather Shelter are very handy and they have offered their services to parishioners who may need some yard work or handy jobs done, as volunteers or for a fee. Please contact the Rector (604.993.0399) for a referral.

**Refugee Sponsorship:** You can make a donation to: **The Bishop's Fund for Refugee Resettlement.** This fund is to cover a range of expenses above and beyond the monies raised by parishes or other groups to satisfy the requirements of their sponsorship applications. To donate to this fund, visit the diocesan webpage [vancouver.anglican.ca](http://vancouver.anglican.ca) and look for the "GIVE" button on top of the page.

**Messy Church:** Saturday March 19 from 4-6 pm at St. Bart's Anglican. This is a family time of crafts & activities, a short celebration focused on Easter and a meal. A fun place for families & individuals finding faith.

### COMMUNITY

**A Night At the Longhouse:** Wednesday March 23  
Back by popular demand, this is a community cultural celebration and performance with an evening of traditional Coast Salish-shishálh drumming, singing and dancing. Included will be traditional storytelling. Also unique is our potluck dinner. We invite each guest family/group to bring a dish to share.  
To book on line: [www.aboriginalecotours.com](http://www.aboriginalecotours.com).  
You can also RSVP at [info@talaysay.com](mailto:info@talaysay.com) or call 1-800-605-4643

Week At-a-Glance at St. Hilda's			
<b>Sun 13</b>	8:30 am 10:00 am	Traditional Eucharist Family Eucharist & Sunday School	Sanctuary Sanctuary
<b>Tues 15</b>	9:30-11:30	Library Hours	Gathering Rm
<b>Wed 16</b>	8:00 am 5:30 pm	Wisdom Meditation & Eucharist Church Committee Mtg	Sanctuary Gathering Rm
<b>Thurs 17</b>	10:00 am 1:30 pm 4:30 pm	Centering Prayer EfM Group Choir	Narthex Gathering Rm Sanctuary
<b>Fri 18</b>	9:30-11:30 9:00 am	Library Hours ACW Bake Sale	Gathering Rm Trail Bay Mall
<b>Sat 19</b>	7:00 pm	Lenten Organ Concert	Sanctuary
<b>Palm 20 Sunday</b>	8:30 am 10:00 am 7:00 pm	Traditional Eucharist Family Eucharist & Sunday School Taizé Service	Sanctuary Sanctuary Sanctuary

## St. Hilda's By the Sea Anglican Church

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 Deacon ..... The Ven Bruce Morris.....885-4797  
 Interim Music Director.. Karen Weatherington ..... 885-0519  
 People's Warden..... Joan Brock ..... 885-7370  
 Rector's Warden ..... Frederick Fromm ..... 741-1879  
 Associate Warden ..... Meg Stevens ..... megstevens@outlook.com ..... 741-4036  
 Office Administrator ..... Karen Weatherington ..... 885-5019



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 for regular updates

### Readings for March 20, Palm Sunday

1<sup>st</sup> Reading: Isaiah 50:4-9a Reader: Eric Paetkau  
 2<sup>nd</sup> Reading: Philippians 2:5-11 Reader: David Moul  
 Psalm 31:9-16 Gospel: Luke 22:14—23:56

### PARISH PRAYER FOR THE WEEK

<b>Anglican Communion</b>	Hong Kong Sheng Kung Hui: The Most Revd Dr Paul Kwong, Archbishop of Hong Kong Sheng Kung Hui & Bishop of Hong Kong Island
<b>Diocese</b>	The Deanery of Sea to Sky: The Rev Clarence Li, Regional Dean International Anglican Women's Network in the Diocese of New Westminster: The Rev Ellen Clark-King (Chair)
<b>Ecumenical Partner</b>	BC Synod of the ELCIC, Bishop Gregory Mohr
<b>Local Agencies</b>	Community Associations on the Sunshine Coast
<b>Local Churches</b>	Sechelt Community
<b>UN MDG Project</b>	Ndandini/Kenya: Students of Ndandini Primary School
<b>Sick/ In Need</b>	Rev. Gord Dominey: God's presence throughout trial Those bringing charges against Rev. Gord: healing & justice Gary Evans: healing from cancer Phyllis Morris: healing for broken wrist safety & release of hostages in Philippines
<b>Parish Families</b>	Andre Boel, Travis & Janise Bolander and children Eloise and Abigail, Joan & Margaret Brock, Elizabeth Brown, Barbara Carver