



St Hilda's By the Sea Anglican Church

Open Doors · Open Hearts · Open Minds

March 10, 2019 † 10:00 am Family Eucharist

First Sunday in

Lent

"He fasted for forty days
and forty nights..."



WELCOME TO OUR CHURCH

Whoever you are, and wherever you find yourself in your journey of faith, you will find a place at our table at St. Hilda's Anglican Church. Come as you are. There are many ways and there is no one particular way to be a part of this vibrant community. Join us today with an open mind, and be prepared to discover a home for your spirit that is inclusive, incarnational, and joyful.

WHO IS WHO IN OUR WORSHIP THIS SUNDAY

Celebrant & Preacher: The Rev Clarence Li
Musicians: Katherine Hume & St Hilda's Choir
Greeter/Usher: Doug & Veronica Shillitto
Reader: Eric Paetkau
Prayers: Stephanie Moul

Lay Administrator: David Moul
Sacristan: Amelia Foster
Crucifer: Pam Blair
Coffee: Amelia Foster, Ruth Ahlborn
Altar Guild: Liz Miller, Janet McConnell

Rector's Musings

Lent: A Ritual Journey

Whether you are new to the Christian faith or are seasoned wayfarers, welcome to the season of Lent, one of the few times in the Christian year when we are collectively invited to stop and take stock of our relationship with God and creation.

Lent is essentially a ritual journey. By ritual, I'd refer to Fr. Richard Rohr's recent daily meditation on the difference between ceremonies and rituals:

"Ceremonies normally confirm and celebrate the status quo and avoid the shadow side of things... True sacred ritual is different than mere ceremony because it offers an alternative universe, where the shadow is named and drawn into the light."

In these coming 40 days, while our senses are naturally drawn to the lengthening daylight, the liturgy of the church invites you to take notice of something else: the shadows side of your life. Jesus is the master of shadow work as well as a victim of the violence from humanity's unchecked shadows. He shows us a way through the shadow of the cross to a fearless way of living fully we sometimes called salvation.

I said a few weeks ago I'd be happy to share with you some of the feedback I received from the "Communicating Welcome" series. I have posted these feedbacks on the Reflection blog of St. Hilda's website: www.sthilda.ca.

Blessing on your Lenten ritual journey.

Clarence

WHO WE ARE

St. Hilda, situated on the unceded ancestral lands of the shíshálh First Nation, is a member of the Anglican Church of Canada & the worldwide Anglican Communion. As a community, we welcome & celebrate human diversity - including spirituality, ethnicity, gender, sexual orientation, & abilities. We aim to create a space where people of any faith or none can question & discover the sacred in life through openness, struggle, laughter & prayer, lived out through a common commitment to be in solidarity with the poor & marginalized, & to cherish creation.

CHILDREN

Children are welcomed to gather for a Children's Commissioning at the beginning of the service and then can go to Sunday School. They return in time for Communion—the Lord's supper (grape juice is available for communing). A Quiet Room is available for parents with babies and toddlers by the Sanctuary entrance.

HOLY COMMUNION

ALL are welcome to come forward and receive communion, the divine life of Jesus which comes to us in gifts of bread and wine. Come as you are. Instructions for newcomers joining this meal for the first time are printed in the bulletin.

♿ ♿ ♿ ACCESSIBILITY

Parking for people with disabilities are available next to the Meditation Labyrinth. You are welcome to bring your walker or wheelchair into the sanctuary. There are also large print bulletins available in the entry.

✘ The Gathering of Community ✘

Prelude

Introduction & Welcome

All rise as able as the Sanctuary party processes in.

🎵 Processional Hymn .. Throughout These Lenten Days & Nights (tune 182)

1. Throughout these Lenten days and nights
we turn to walk the inward way,
where, meeting Christ, our guide and light,
we live in hope till Easter Day.
2. The pilgrim Christ, the Lamb of God,
who found in weakness greater power,
embraces us, though lost and flawed,
and leads us to his Rising Hour.
3. We bear the silence, cross and pain
of human burdens, human strife,
while sisters, brothers help sustain
our courage till the Feast of Life.
4. And though the road is hard and steep,
the Spirit ever calls us on
through Calv'ry's dying, dark and deep,
until we see the coming Dawn.
5. So let us choose the path of One
who wore, for us, the crown of thorn,
and slept in death that we might wake
to life on Resurrection Morn!

Greeting

Celebrant In this holy time of Lent,
we acknowledge that we gather
on the ancestral lands of the shíshálh First Nation
and raise our hands to elders past and present
as we seek reconciliation
amongst all people who call Canada home.

PEOPLE **May the living Christ lead us all
on pathways of reconciliation and peace.**

Celebrant Bless the Holy One who forgives all our sins.

PEOPLE **God's mercy endures forever.**


Confession and Absolution

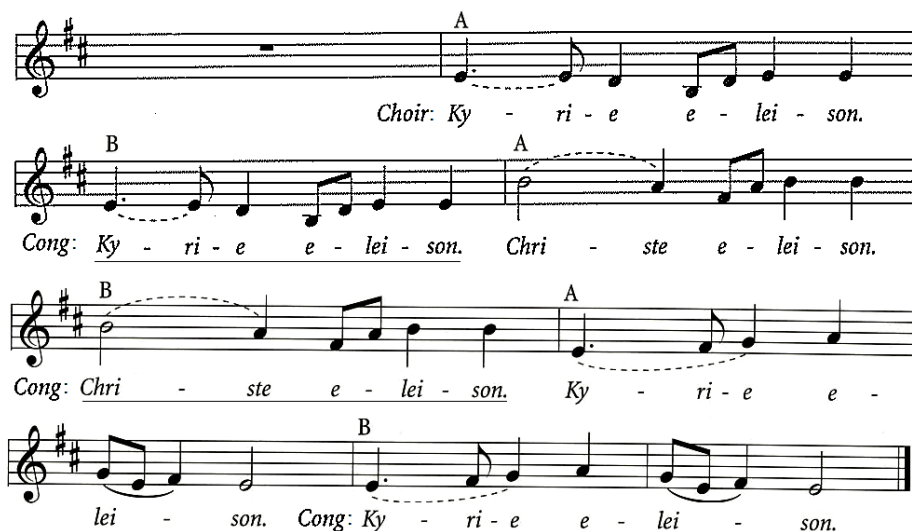
Celebrant Let us lay down our brokenness before God
in the presence of one another

**ALL We confess to you the truth of our broken lives.
We have not trusted your promises or walked in your ways.
We have hoarded and squandered the gifts of your creation.
We have failed to welcome the stranger and the outcast,
And to make room at the table
for the homeless and the hungry.
We have neither worked to release the oppressed
nor admitted our own captivities.
Forgive our sin, heal our lives, and set us free
that we might live with your whole creation
in the justice and joy of your promised future.**

Celebrant God, who is merciful and kind,
slow to anger and abounding in steadfast love,
hears the cries of all who plead for mercy
and, in these last days, has sent Christ Jesus
to announce the good news of forgiveness and release
to all who are bound by guilt or broken by shame,
that they might praise God and serve the world
with glad and generous hearts.
For freedom Christ has set you free.

PEOPLE Thanks be to God.

 **692 Kyrie** *Sung with Greek Text. Choir sings A and Congregation sings B*



The musical score is written on four staves in G major (one sharp) and 4/4 time. The first staff is for the Choir, starting with a whole rest followed by a melodic line for 'A'. The lyrics are 'Choir: Ky - ri - e e - lei - son.' The second staff is for the Congregation, starting with a melodic line for 'B' and then a melodic line for 'A'. The lyrics are 'Cong: Ky - ri - e e - lei - son. Chri - ste e - lei - son.' The third staff is for the Congregation, starting with a melodic line for 'B' and then a melodic line for 'A'. The lyrics are 'Cong: Chri - ste e - lei - son. Ky - ri - e e -'. The fourth staff is for the Congregation, starting with a melodic line for 'B'. The lyrics are 'lei - son. Cong: Ky - ri - e e - lei - son.'

Collect of the Day

Celebrant Let us hold this moment open to the Spirit of God.
(a time of silence)

Almighty God,

**ALL whose Son fasted forty days in the wilderness,
and was tempted as we are but did not sin,
give us grace to discipline ourselves
in submission to your Spirit,
that as you know our weakness,
so we may know your power to save;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.**

Children’s Commissioning & Song

Children are invited to gather in front of the altar to receive a prayer of commissioning to Sunday School. As the children leave, those sitting on the aisle are invited to form an arch for the children to walk through as they head out for Sunday School as we sing, Don’t Be Afraid:

♪ Don’t be afraid.
My love is stronger, my love is stronger than your fear.
Don’t be afraid. My love is stronger
and I have promised, promised to be always near.

✠ The Proclamation of the Word of God ✠

After each reading, there will be a short time of quiet meditation

The First Reading Deuteronomy 26:1-11.....Eric Paetkau

Reader Hear what the Spirit is saying to the church.

ALL Thanks be to God.

♪ **531 Psalm 91** You Who Dwell in the Shelter of the Lord

For Gradual hymn, all rise as able.

♪ **563 Gradual Hymn**..... In God Alone My Soul (3 X English)

All remain standing as able

The Gospel Luke 4:1-13

Celebrant May God be with you

PEOPLE And also with you

Celebrant The Holy Gospel of our Lord Jesus Christ according to Luke

PEOPLE Glory to you, Lord Jesus Christ.

After reading

Celebrant The Gospel of Christ

PEOPLE Praise to you, Lord Jesus Christ.

🎵 **563 Gradual Hymn**.....*Mon âme se repose* (3 X French)
All are seated.

Sermon The Rev Clarence Li

Affirmation of Faith

**We believe in God,
who trusts us with the whole creation,
who calls us to honour that trust
by living in fairness, justice
generosity and grace.**

**We believe in Jesus Christ,
who walked the way of the cross
to honour God's love for us,
who shared all our struggles
and lived our deepest fears.**

**We believe in the Holy Spirit
who is present in our inner longings,
stirring us into new things,
calling us to the risks of faith.**

The Prayers of the People

Please stand, sit or kneel according to your praying custom. Names upheld in the prayers can be found on the Parish List on the back page. You are also welcome to name your loved one(s) aloud or silently in your heart.

The Peace *Please rise as able as we share the peace of the Lord.*

Celebrant The peace of the Lord be with you all.

PEOPLE And also with you.

✠ The Holy Communion ✠

The Offertory

During the hymn, the bread and wine for the Lord's Supper are presented alongside with the offering of money to symbolize the offering of ourselves and of the whole creation to God in thanksgiving for the many blessings we experienced.

🎵 **620 Offertory Hymn***How Sweet the Name of Jesus Sounds*

Prayer Over the Gifts

Celebrant God our refuge and our strength,

**ALL receive all we offer you this day,
and through the death and resurrection of your Son**

**transform us to his likeness.
We ask this in his name. Amen.**

Eucharistic Prayer

Eucharist means "thanksgiving." This is a ritual meal to re-enact the Last Supper that Jesus shared with his friends to remind them of his sacrificial love for humanity and the whole creation. All stand as able.

Celebrant God is here

PEOPLE The Spirit is with us.

Celebrant Lift up your hearts and minds.

PEOPLE We lift them to God.

Celebrant Let us give thanks to God the Creator.

PEOPLE It is right to give our thanks and praise.

Celebrant Holy and eternal One, ...

...calling us to care for everything given and received.

PEOPLE Glory to you, source of all life!

Celebrant From the earliest days the peoples of this coast...

...they hallowed these sacred relationships with all life.

PEOPLE Glory to you, source of all life!

Celebrant In Jesus Christ, you came into our world...

...with the saints of every time and place
in songs of unending praise:

♪ 694 Sanctus

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is the One who comes in the name of the Lord.
Hosanna in the highest.**

Celebrant Blessed are you, most holy One....

...This is my blood of the new covenant...
do this in remembrance of me."

PEOPLE "Behold, I am with you to the end of the age."

Celebrant Therefore, God of all creation,....

...and follow him in lives of selfless service
and courageous love.

PEOPLE Glory to you, source of all life!

Celebrant In the fullness of time reconcile all things in Christ. ...
...One God, now and forever.

PEOPLE Amen.

🎵 744 The Lord's Prayer

The Breaking of the Bread

Celebrant We break this bread,

PEOPLE Communion in Christ's body once broken.

Celebrant Let your Church be the wheat which bears its fruit in dying.

**PEOPLE If we have died with him, we shall live with him;
if we hold firm, we shall reign with him.**

🎵 701 Agnus Dei (Lamb of God)

The Invitation

Receiving Communion

If you know the brokenness of life, its fractures within and its division without, then you have participated in the broken body of Christ and you are invited to share in the breaking of bread. If you desire to know the love of God that overcomes indifference and despair, if you desire the reconciliation that overcomes estrangement and alienation, then you are invited to share the cup of the new covenant.

The bread is received in the open palm. It is usual Anglican practice to drink the wine from the common cup. Both wine and unfermented grape juice are served. If you prefer to receive a gluten-free wafer or grape juice, please inform the person administering the bread or wine when they approach you. If you prefer to receive a blessing instead of Communion, you are welcome to come forward and place your hands across your chest.

🎵 180 Communion HymnGiver of the Perfect Gift

Prayer After Communion

Celebrant Faithful God,

**ALL in this holy bread you increase our faith and hope and love.
Lead us in the path of Christ who is your Word of life.
We ask this in his name. Amen.**

Family Thanksgiving & Announcements

All are invited to share if they know of any birthdays, anniversaries or other celebrations. All stand as able

Celebrant Glory to God,

**PEOPLE Whose power, working in us,
can do infinitely more than we can ask or imagine.**

**Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever. Amen.**

Closing Blessing

Celebrant Go forth into the world to serve God with gladness;
be of good courage;
hold fast to that which is good;
render to no one evil for evil;
strengthen the fainthearted; support the weak;
help the afflicted; honour all people;
love and serve God, rejoicing in the power of the Holy Spirit.
And the blessing of God:
Life Giver, Pain Bearer, Love Maker
be among you and remain with you always.

All Amen.

🎵 **179 Recessional Hymn... Tree of Life and Awesome Mystery (vs. 1, 2, 6b)**

Dismissal

During Lent, Alleluia is omitted.

PEOPLE Thanks be to God.

Postlude



Readings for March 17 Second Sunday in Lent
1st Reading: Genesis 15:1-12, 17-18..... **Reader:** Morrie Sacks
Psalm 27 Gospel: Luke 13:31-35 or 9:28-36

This Sunday's liturgy has been compiled from various sources, including:

- Greeting from Christ Church Cathedral
- Confession and Absolution - *Come Let Us Bring* communion setting by Susan Briehl and Marty Haugen © 2001 GIA Publications, Inc.
- Affirmation of Faith by Dorothy McRae-McMahon, retired Australian Uniting Church minister
- Kyrie, Collect, Prayer over the Gifts, Breaking of the Bread and Prayer after Communion from *Book of Alternative Services*
- Blessing by John Birch @ <http://www.faithandworship.com>

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- *Don't Be Afraid* by John Bell © 1995 Iona Community, GIA Publications, Inc.

Parish Events and Notices

Special Vestry Meeting on Sunday, March 31: We left the Annual Vestry Meeting last Sunday without an approved 2019 budget. People expressed some valid concerns over how we are to finance what looks like to be a \$30,000 deficit. Church Committee and Trustees are left with the task of reworking the 2019 budget and will present a revised one with recommendations at a Special Vestry Meeting to be held on March 31 at noon. Mark your calendar. More information to come.

St. Hilda's Justice Umbrella Book Study: The Justice Umbrella Ecumenical Book Study will start the final book 'Quest for Respect: The Church and Indigenous Spirituality' in the excellent Mennonite-produced Reconciliation series, on Monday April 1st in the Gathering Room, and continue on 1st and 3rd Mondays 2-4 pm. New participants are most welcome. Please contact John Denham 604-885-7373 to reserve your book approx \$10

Music Arising! Gala Concert: Sunday March 10th, 3 pm Reception 4 pm Concert Featuring: Katherine Hume, piano; Kathryn Caswell, violin; Kevin Roy, viola; David Poon, organ; A Cappella Strait Choir; Vocal Intent; Pender Harbour Choir; Reflections Women's Choir. Tickets are \$30.

Parishioners' Picks: Monday, March 11 at 7:00 pm *A Man Called Ove*
59 year old Ove is the block's grumpy man who several years earlier was deposed as president of the condominium association, but he could not give a damn about being deposed and therefore keeps looking over the neighborhood with an iron fist. When pregnant Parvaneh and her family moves into the terraced house opposite and accidentally backs into Ove's mailbox it turns out to be an unexpected friendship. A drama comedy about unexpected friendship, love and the importance of surrounding yourself with the proper tools. Rated PG-13 for thematic content, some disturbing images, and language. | Maggie's pick

Choral Evensong: Sunday March 17, 5:00 pm at St. Hilda's
Vespersong is singing anthems by Palestrina and Tchaikovsky, and service music by English composers Thomas Tomkins and Herbert Howells for Choral Evensong according to the Book of Common Prayer. All are invited for a time of prayer and contemplation during this season of Lent.

Guess Who's Coming to Lunch Saturday, April 6. Please contact Maggie Scott if you would like to add your name to the guest list. Refunds are available if you already paid the \$20 and cannot attend on that date. Guest names drawn at random, and guests will be told the day before the lunch who will be their host. This is a great way to get to know different parishioners a bit better.

MOTET: The Rosary Project: Joyful Mysteries

Saturday March 23, 3:00 pm, St Mary's Catholic Church, Gibsons
In anticipation of the Feast of the Annunciation, MOTET presents an afternoon of beautiful and reflective music which will guide listeners through the Joyful Mysteries of the Rosary. Come to listen, to meditate, and to pray. Admission by donation.

Children's Corner and young at heart...



Week At-a-Glance at St. Hilda's				
Sun	10	8:30 am 10:00 am 3:00 pm 4:00 pm	Traditional Eucharist Family Eucharist & Sunday School Gala Reception Gala Concert	Sanctuary Sanctuary Hall Sanctuary
Mon	11	2:00 pm 7:00 pm	Monday Musings Parishioners' Picks	Annex Sanctuary
Wed	13	8:00 am 10:00 am 2:00 pm	Wisdom Circle ACW Meeting Prayer Shawl Ministry	Sanctuary Gathering Rm Parish Home
Thurs	14	7:00 pm	St. Hilda's Choir	Sanctuary
Sun	17	8:30 am 10:00 am 5:00 pm	Traditional Eucharist Family Eucharist & Sunday School Choral Evensong	Sanctuary Sanctuary Sanctuary

St. Hilda's By the Sea Anglican Church

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 People's Warden.....Mike Starr 961-9256
 Envelope SecretaryMaggie Scott 885-3312

Visit us at www.sthilda.ca or  facebook.com/sthilda

PARISH PRAYER FOR THE WEEK	
Anglican Communion	The Province de L'Eglise Anglicane Du Congo The Most Revd Zacharie Masimango Katanda - Archbishop of the Congo & Bishop of Kindu
Diocese & Partners	The Deanery of Sea to Sky - The Rev Clarence Li, Regional Dean The Coming Home Society – Linda Adams, ODNW (President) <hr/> Holy Trinity Mission in Bantey (twinned with St. Hilda's) Companion Diocese: Bishop Brent Alawas, & the Clergy & People of the Episcopal Diocese of Northern Philippines BC Synod of the ELCIC, Bishop Gregory Mohr
Local Agencies	Parent Support Groups
Local Churches	St. John's United
Justice Umbrella	Kenya: students of Kyaithani Cluster Primary Schools siyaya Reconciliation Movement
Prayer Requests	Christina: young mom of 8 battling Stage 3 Breast Cancer George: battling inoperable bowel cancer Margy Grant: for broken leg Heather Jeal: blessings while healing from cancer Claire Nelson: recovery from cancer treatment Roanda: life-threatening condition affecting brain & heart Seawatch families: under evacuation order
Parish Families	Cort & Alison Lynch, Gayle MacDonald, Maria Mahar, Bob & Carol Maxfield, Janet McConnell

Prayer requests are listed for 4 weeks - to extend, please contact the office.